

PSYCHOLOGY (OPTIONAL) PAPER - II

TIME ALLOWED: THREE HOURS

MAXIMUM MARKS: 100

NOTE: Attempt any FIVE questions. Attempt in English or Urdu Language.

- Q.1 Define STRESS. Discuss stress coping techniques in detail. 20
- Q.2 Describe the structure of PERSONALITY according to HUMANISTIC Theory. 20
- Q.3 Discuss the PROJECTIVE and NON-PROJECTIVE techniques of personality assessment. 20
- Q.4 Give the Classification of Mental Disorders according to DSM IV. 20
- Q.5 Why do we use PSYCHOTHERAPY? Explain one INDIVIDUAL and one GROUP PSYCHOTHERAPY. 20
- Q.6 Enumerate agents of SOCIALIZATION in detail. 20
- Q.7 Highlight Experimental Method of Research. Discuss PLACEBO EFFECT and use of PLACEBOS in Experiments. 20
- Q.8 Write notes on any TWO of the following:- (10+10)
- (a) Prejudice
 - (b) Criteria of Abnormality
 - (c) Confidentiality in the Profession of Psychology.